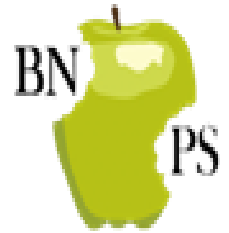


Wednesday's Wisdom

February 2015



Tri State Date:

April 30, 2015

Tri-State is Coming! Tri-State is Coming!
Registration will be online and open soon!

Tri State Location:

Sunday River
Newry, Maine

Financial Training Workshop – April 22, 2015

Get ready for the annual application process for NSLP! BNPS is offering two training workshop on the PLE, Non-program foods and other financial items associated with the annual application. The first session from 9 am – Noon is **full**. However, there is still space available in the **1:00 pm – 4:00 pm** session. Please see attached registration form for more information. Seating is limited to 40. Registration will be on a first-come, first-serve basis. Registration will end when the class is full.

Looking for ways to promote fruits and vegetables to your students?

In the below youtube video link, the fourth in a five-part series, farm to school practitioners from across the country talk about how they get kids excited about eating healthful, local foods. From taste tests, to farm visits, to culinary competitions, there are lots of ways to help children engage with, and get excited about, local products!

https://www.youtube.com/watch?v=545SzEmgJZI&x-yt-ts=1422579428&feature=player_detailpage&x-yt-cl=85114404

The Cornell Center for Behavioral Economics in Child Nutrition Programs is pleased to announce the 4th Annual Smarter Lunchrooms Movement Symposium is officially open for registration! The symposium is scheduled to occur on May 14th – 16th, 2015 in Ithaca, New York on Cornell's beautiful campus!

The emphasis of the symposium this year is: *Building and Supporting the Movement*. We will feature a day-long focus on state level collaboration followed by the accredited Smarter Lunchrooms training and next steps planning. You will have the opportunity to hear from all of the experts in our lab including Dr. Brian Wansink and Dr. David Just as well as several Smarter Lunchrooms champions such as the Smarter Lunchrooms Movement of California Collaborative.

The symposium is FREE! You can register here: https://cornell.qualtrics.com/jfe/form/SV_cSXyxX24zy9D0m9
Additional information about the symposium, accommodations and maps can be found here: <http://smarterlunchrooms.org/event/2015-smarter-lunchrooms-symposium>. You can also download the agenda here: [Symposium 2015 Agenda \(PDF-1MB\)](#)

Useful Menu Planning Tools from Kansas SDE

The Kansas State Department of Education School Nutrition Programs has developed a wonderful resource for menu planners. They have created spreadsheets in Excel that simplify the execution of your weekly menus and accompanying production records. Menu planners type in the weekly menu on the first tab. This information automatically fills into a production record form on the second tab. On this second production record tab, the menu planner adds specific product information, recipes, portion sizes, etc. The final tab fills this information into a spreadsheet that evaluates compliance with the meal pattern requirements.

Follow the link below to access these worksheets.

http://www.kn-eat.org/SNP/SNP_Menus/SNP_Guidance_Menu_Planning_M2_Forms.htm